PRIMARY SCHOOL MENU * 2025/26

Conwy County, the right environment for learning and achieving

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Home Baked Chicken and Sweetcorn Pizza 1 3 7 Pasta Twists 1	Crispy Chicken Goujons 1 6 Mini Potato Puffs	Welsh Beef Lasagne 1 7 9 10 Garlic Bread 1 3 7	Oven Baked Sausages Yorkshire Pudding 1 3 7 Creamed Potatoes 7 · Gravy	Breaded Salmon Fillet 1 4 Chips
Option 2	Filled Jacket Potato (V) Cheese 7, Baked Beans or Tuna 3 4 7 10	Vegetable Noodles 1 3 12 Naan Bread (V) 1	Welsh Rarebit (V) 1 3 7 10 Baked Beans	Macaroni Cheese (V) 1 7 10	Creamy Tomato and Pepper Pasta Bake (V) 1 7 Garlic Bread 1 3 7
Sides	Vegetable Batons	Baked Beans	Coleslaw 3	Carrots and Broccoli	Mushy or Garden Peas Coleslaw 3
Dessert	Ice Cream 7 with Raspberry Puree	Sticky Toffee Pudding 1 3 Milk 7	Llaeth y Llan Fruit Yoghurt 7 with Apple or Banana · Melon Wedge	Forest Fruits Sundae Or Bara Brith 1 3	Cranberry Krispie Bar 1 7 Milk 7
Dates	Week commencing: 01/09/25 · 29/09/25 · 03/11/25 · 01/12/25 · 12/01/26 · 09/2/26 · 16/03/26 · 27/04/26 · 01/06/26, 29/06/26				

WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Home Baked Cheese and Tomato Pizza (V) 1 3 7 Pasta Twists 1	BBQ Chicken Bap 1 Seasoned Wedges Baked Beans	Welsh Beef Meatballs 12 in Mediterranean Sauce 1 9	Roast Pork Loin Apple Sauce Creamed Potatoes 7 · Gravy	Breaded Salmon Fishcake 1 4
Option 2	Filled Jacket Potato (V) Cheese 7, Baked Beans or Tuna 3 4 7 10	Vegetable Lasagne (V) 1 7 10	Glamorgan Sausage (V) 1 7 10	Macaroni Cheese (V) 1 7 10	Poached Egg 3 on a Toasted Bap 1 (V)
Sides	Sweetcorn Vegetable Batons	Coleslaw 3	Garlic Bread 1 3 7 Rice · Broccoli	Carrots and Green Beans	Chips Baked Beans or Garden Peas
Dessert	Mango Sorbet	Carrot Cake 1 3 7 Milk 7	Llaeth y Llan Fruit Yoghurt 7 with Apple or Banana · Melon Wedge	Pancakes 1 3 7 with Strawberry Coulis and Greek Yoghurt 7	Vanilla Shortbread Finger 1 7 Orange Wedges Milk 7
Dates	Week commencing: 08/09/25 · 06/10/25 · 10/11/25 · 08/12/25 · 19/01/26 · 23/02/26 · 23/03/26 · 04/05/26 · 08/06/26 · 06/07/26				

WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Home Baked Chicken and Sweetcorn Pizza 1 3 7 Pasta Twists 1	Crispy Chicken Goujons 1 6 Tortilla Wrap 1 Potato Sidewinders	Welsh Beef Bolognaise Penne Pasta 1 Garlic Bread 1 3 7	Oven Baked Sausages Yorkshire Pudding 1 3 7 Creamed Potatoes 7 · Gravy	Breaded Salmon Fillet 1 4 Chips
Option 2	Filled Jacket Potato (V) Cheese 7, Baked Beans or Tuna 3 4 7 10	Sweet Potato Curry 1 Rice	Welsh Oggie (V) 1 3	Macaroni Cheese (V) 1 7 10	Baked Bean Pasta Bake (V) 1 Garlic Bread 1 3 7
Sides	Vegetable Batons	Cucumber and Tomato Salad Coleslaw 3	Broccoli	Carrots and Green Beans	Mushy or Garden Peas Coleslaw 3
Dessert	Ice Cream 7 with Raspberry Puree	Lemon Slice 1 3 7 Milk 7	Llaeth y Llan Fruit Yoghurt 7 with Apple or Banana · Melon Wedge	Rice Pudding 7 and Apricot Coulis	Chocolate Date Cornflake Crunch Bar 1 7 · Milk 7
Dates	Week commencing: 15/09/25 · 13/10/25 · 17/11/25 · 15/12/25 · 26/01/26 · 02/03/26 · 13/04/26 · 11/05/26 · 15/06/26 · 13/07/26				

WEEK 4	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Home Baked Cheese and Tomato Pizza (V) 1 3 7 Pasta Twists 1	Chicken Pie 1 3 7 Creamed Potatoes 7 · Peas	Welsh Beef Burger 12 in a Bap 1 Seasoned Wedges	Roast Turkey Stuffing 1 · Creamed Potatoes 7 Gravy	Breaded Salmon Fishcake 1 4 Chips
Option 2	Filled Jacket Potato (V) Cheese 7, Baked Beans or Tuna 3 4 7 10	Quorn Koftas 1 Naan Bread (V) 1 Cucumber and Yoghurt Dressing 7	Cheese and Tomato Topped Potatoes (V) 7	Macaroni Cheese (V) 1 7 10	Scrambled Egg 3 7 Chips
Sides	Coleslaw 3	Vegetable Batons	Sweetcorn	Carrots and Broccoli	Baked Beans or Garden Peas
Dessert	Pancakes 1 3 7 with Banana and Greek Yoghurt 7	Strawberry Shortcake 1 7 Milk 7	Llaeth y Llan Fruit Yoghurt 7 with Apple or Banana · Melon Wedge	Mandarin Cheesecake 1 3 7	Fruit Cereal Bar 1 7 · Apple Wedges Milk 7
Dates	Week commencing: 22/09/25 · 20/10/25 · 24/11/25 · 05/01/26 · 02/02/26 · 09/03/26 · 20/04/25 · 18/05/26 · 22/06/26 · 20/07/26				

Available Daily:
Freshly prepared salad, fresh fruit and wholemeal bread
Please contact the cook in charge for any dietary needs.

Allergen Information

Information is available at your Child's school kitchen for every item on the menu that contains any of the 14 allergens as ingredients.

These are the 14 Allergens:

1. Cereals containing gluten
2. Crustaceans *e.g. prawns / crabs*
3. Eggs
4. Fish
5. Peanuts
6. Soya beans
7. Milk
8. Nuts
9. Celery and celeriac
10. Mustard
11. Sesame
12. Sulphur dioxide
13. Lupin
14. Molluscs *e.g. mussels*

(V) Vegetarian

Contact Education Catering Department: 01492 575586

Llaeth y Llan Yogurts

We only use Welsh Beef

Welsh Beef Burgers and Welsh Meatballs from Edwards of Conwy

Pork Sausages made with Farm Assured Pork from Edwards of Conwy

Henllan wholemeal bread is available daily

Information

This menu complies with the Healthy Food in Schools Regulations 2013

CONWY
CYNGOR BWRDEISTREF SIROL
COUNTY BOROUGH COUNCIL